

KIRSTEN HAGLUND

Kirsten is a political analyst and host appearing daily across cable news networks, including Fox News Channel, Fox Business Network, MSNBC and CNN. Her perspective is sought on politics, faith and culture as a millennial, a speaker actively involved on university campuses nationwide, and as a mental health advocate and non-profit leader. Kirsten also hosts ["The Sonder Podcast"](#) on Faithwire.Com, which features interviews with thought leaders in politics, faith, mental health and culture.

She also served as lead anchor for daily broadcasts at Styrk.com, Scott Rasmussen's digital news organization serving up content with a millennial and bi-partisan focus, which included interviews and regular segments with Larry Kudlow, Sean Trende, Emily Sussman, John Ratzenburger and many others.

Her Op-Eds on politics, culture and non-profit advocacy have appeared in the New York Daily News, Forbes.com, The Huffington Post and in industry journals. Through her media and communications company, EnPointe Media and Communications, she serves as a social media and community relations consultant and works with both individual clients and professional organizations on media and communications training.

She is also the Founder and President of the [Kirsten Haglund Foundation](#), which provides financial assistance to families battling eating disorders. She and served as [Miss America 2008](#), and lives in New York City with her husband Ryan and their fur baby, Elsa

During her year with the Miss America Organization, she served as Goodwill Ambassador for the [Children's Miracle Network](#), appeared as one of SHAPE magazine's "Women Who SHAPE'd the World in 2008," and was a tireless advocate for increased awareness of eating disorders as a public health priority, having overcome a battle with anorexia as a young ballet dancer.

On behalf of this cause, she has made guest speaking appearances at Harvard University, the National Press Club in Washington D.C., and for the United States Congress while lobbying with the [Eating Disorders Coalition](#) for Mental Health Parity. She continues to work with the EDC and grassroots lobbying groups on to raise awareness of the importance of mental health issues among lawmakers.

Kirsten is currently the Community Relations Specialist with [Timberline Knolls Residential Treatment Center](#) and in that role, travels across the country to speak at universities, churches, for women's groups, athletes and artists, and national conferences on women's empowerment, eating disorders, and consumer advocacy related to the beauty and diet industries. She is also a proud Ambassador for the [National Eating Disorders Association](#).

Kirsten believes in the power of community engagement and giving back, and so remains active in volunteering with One Hundred Days, an organization based in Atlanta that is building Rwanda's first children's hospital, and creating small business initiatives in the Kigali community. Kirsten has also served as Honorary Co-Chair for the [Not For Sale](#) Gala for the past two years, an organization with combats global human trafficking.

Kirsten studied musical theatre performance at the University of Cincinnati's College-Conservatory of Music, and graduated from Emory University with a B.A. in Political Science in May 2013.

THE KIRSTEN HAGLUND FOUNDATION

The mission of the Kirsten Haglund Foundation (KHF) is to provide hope, networking and financial aid to those seeking treatment and freedom from eating disorders.

In February of 2009, Kirsten founded [The Kirsten Haglund Foundation](http://www.kirstenhaglund.org) and serves as it's current President. The mission of the Foundation is to fundraise to provide treatment scholarships to assist families and individuals battling eating disorders.

The Foundation has worked in collaboration with treatment centers across the country to award more than 100 scholarships for varying levels of care, including online support programs.

To learn more about the work of the Foundation, to donate, or get involved, please visit www.kirstenhaglund.org.